Immigrating to a different country is not as easy as it sounds. It is life changing, it takes time to adapt. For some people, it is starting all over. A lot of students who have immigrated from different places know the struggle, and how difficult it is to get used to the big change. As an immigrant myself, I understand how challenging and intimidating it is. I’d like to share my experience and help others as well.

A big trouble we face, for example, is the language barrier. Learning a new language is hard, and it takes time. Student who do not speak English get special classes to do so, but even then, you don’t receive that much help. Even if you’ve received English classes beforehand, communicating is challenging. In Venezuela, I took English classes from a very young age, and yet, when I arrived to the US, I had trouble communicating. Some people must learn a new language from zero. It goes without saying that it is challenging and difficult, and time consuming.

Not to mention the toll moving from a country to another takes on your mental health as a child. Picture this; New school, no friends, knowing little or nothing about the language. You may end up isolating yourself, that’s what happened to me. When I first arrived, most of my friend were other Latinos. They’d help me translate and get around. Regardless, it takes a while to fully adjust to the new environment. But they can’t always help you. Even with special English classes, there’s still work to do. Not understanding what is being taught in class, or not being able to do the classwork or homework because of the language.